





## THE EXPERIENCE

The experience will be stimulating, intensive and satisfying space to retreat from your day-to-day concerns, press the pause button, review the year and consider the deeper currents that inform your life and work.

There will be group time as well as time alone to reflect and deepen your personal inquiry.

Pausing to consider first principles and the wider context has merit and Findhorn offers a place where visitors can reflect on questions like:how can governments and non-state actors accelerate implementation of the Paris Agreement and SDGs? Am I in the right place doing the right thing at the right time?

If not, what might need to change?
How do I feel about my work and the energy I put into it? Am I on track?
What is the biggest contribution I can make at this time? How can we support the implementation of the global climate change treaty and sustainable development?

There is significant social software available at the Findhorn Community to aid a process of examining the potential for change, mutual support and a profound respect for nature.

FIFS is a holistic experience - exploring the linear and the non-linear, the systemic and the intangible, the left brain and the right brain. As Einstein said, "I never made one of my discoveries through the process of rational thinking."

Many people have returned two, three, four and even eight times, and have brought key members of their work teams to experience the atmosphere at Findhorn which taps all aspects of human potential, nourishes and inspires.

The Findhorn Community is a great place to dream as well as to plan. Our five days are designed to help nurture you as well as provide specific ideas that could be implemented on Monday morning.

## WHAT PEOPLE SAY

"One visit to Findhorn is never enough. It stays with you and calls you back with irresistible promises of serene space to think more clearly than you've perhaps ever thought before; of collective, collaborative creativity and idea generation, from the occasionally foolish to the potentially world-changing; of love, laughter and great lungfuls of fresh Scottish air. As one resident put it, Findhorn is an experiment in non-financial wealth' and reminds us over and over again we are all already rich beyond our wildest dreams. How can you resist? Like Arnie in the film, I'll be back."

Ed Gillespie, Co-founder and Creative Director, Futerra

"I arrived with a high level of anxiety about a number of complicated challenges and management issues.

The programme at Findhorn provided me with the time, space and perspectives

I needed to feel in control again. When I went back to the office the following week, colleagues commented on how much younger I looked!"

Craig Bennett, CEO FRIENDS OF THE EARTH

"Findhorn provides a safe, natural environment that allows event participants to retreat from their normal working lives to spend some time focusing on what really matters. Its remote location set amongst such natural beauty provides additional space to reflect on important issues and experience."

Julie Cotter, Professor of Accounting and Deputy Director of the Australian Centre for Sustainable Business and Development

"The four day course was a wonderful opportunity to meet passionate and well informed people while also allowing me the space to cultivate some of my own personal development insights.

As a leader, if you believe supporting people in your organisation creates a great company and place of work, then you will greatly benefit from an experience at Findhorn. A very, very rewarding programme."

Alan O'Brien, CEO Sabien Technology
Group PLC

"I get time to reflect and deepen connections at FIFS. I have some of my best ideas when I'm at Findhorn."

Helen Wildsmith, Stewardship Director - Climate Change, CCLA and a trustee of the Findhorn Foundation since May 2015

## WHY FINDHORN?

The Findhorn Foundation and Community is a world-renowned 56 year old community fostering the highest in human potential and co-creating with the natural world through inspired action. Findhorn has been a thought leader, a living experiment and an innovator for over half a century, pioneering what were at the time radical approaches including low carbon and localised, integrated living. Its programmes address both the externals of sustainability and the importance of the inner search for meaning and purpose. Guests from across the world are drawn to the extraordinary combination of low carbon lifestyles with an organisational ethic dedicated to all areas of sustainability.

Findhorn is the 'alternative Davos' providing a holistic, human worldview that stops institutional truths from eclipsing individual truth. Localised and sustainable economies need to be experienced to be understood and implemented. As the holder of UN Habitat Best Practice designation, Findhorn is an ideal place to not only dream dreams but to plan how to make them reality.

"Findhorn has long been a beacon for a very different kind of engagement in meeting the challenges that currently confront us. Truly effective action requires thoughtful reflection, and education for transformation requires practical demonstration. But thinking holistically and acting in the spirit of interdependence is not as easy as it sounds! Nowhere has worked harder to give meaning to these precepts than Findhorn, to the benefit of the many thousands of people who have drawn on its inspiration and pioneering leadership".

Jonathon Porritt, Programme Director

of the Forum for the Future and former

Chairman of the UK Sustainable

Development Commission

## LOGISTICS

Dates: Saturday 13 2.00pm - Wednesday 17 April 12.30pm

2019

Cost:

Corporate rate: £1450 NGO Rate: £1050 Individual rate: £950

**Included:** Four nights' accommodation

(Saturday - Tuesday nights), all meals (vegetarian, local,

organic where possible) and course content.

**Optional:** bed and breakfast on Wednesday evening after the event, £45 per night, subject to availability.

event, 145 per night, Subject to availability.

We intend to confirm participants by early March 2019.

To register your interest in attending and for any further information, please email **fics@findhorn.org**.

fics.findhorn.org



